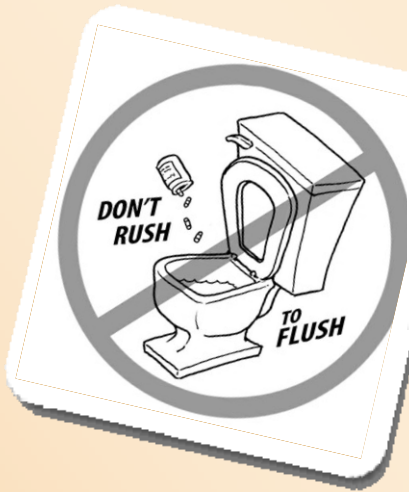


# CLEAN OUT YOUR MEDICINE CABINET!

## Simple Rules to Follow



### Why is this Important?

- It lessens the risk of people consuming or handling medication inappropriately or illegally.
- It also prevents medication from entering the water supply or harming aquatic life.

The DC Board of Pharmacy and the Department of Health recommend that you:

- Take your prescription drugs out of their original containers
- Mix drugs with an undesirable substance, such as cat litter or used coffee grounds
- Put the mixture into a disposable container, such as an empty margarine tub, or into a sealable bag
- Conceal or remove any personal information, including the prescription number, on the empty containers by scratching it off, or covering it with black permanent marker or duct tape
- Place the sealed container with the mixture and the empty drug containers in the trash
- Visit <http://hpla.doh.dc.gov/bop> for more information regarding safe disposal of medications

