



Information to remember from your Brown Bag Check-up

Today your medicines were reviewed with a healthcare professional. Here is a summary of things we want you to remember:

- You identified medicines in their containers and read the names of the medicines. You identified what the medicines are for and how you should take it. (If you brought a medicine list only, you read the medicine name and described how you take it.)
- You were able to ask questions.
- The Health Care Advocate asked you questions about how you are taking the medicines, and explained the importance of taking the medicines correctly, not sharing the medicines, monitoring the medicines' effects, and any issues, concerns or side affects you may be having.
- You were referred to your doctor and/or pharmacist to discuss any issues.
- You were provided a medicine booklet – the “Med-Check Passport” - to write down your medicines and reminded to keep it up to date. You were told to keep the medicines and medicine list together in the brown bag.
- You were told to take the brown bag with you to all doctors' appointments and to see your pharmacist periodically so he/she can review your medicines and medicine list.
- Make sure you ask questions. Make sure you understand what you were told. If you don't understand, ask for more information and repeat the information back to the person who told you.

