



Highlighting ACE Updates, Best Practices, Resources, Tools, and Upcoming Events

Upcoming Events

The third ACE Learning Session is fast approaching. Please register today! Remember, our programs are free and include CEUs for nurses and administrators.

ACE Learning Session III Leadership Skills and Systems to Meet the Quality Imperative

Please click to register in the city closest to you:

March 1 – Charleston

<https://www.eventbrite.com/e/ace-learning-session-iii-registration-20944890732>

March 2 – Columbia

<https://www.eventbrite.com/e/ace-learning-session-iii-tickets-20945257830>

March 3 – Greenville

<https://www.eventbrite.com/e/ace-learning-session-iii-registration-20945488520>

Registration begins at 8:30 A.M. with a networking continental breakfast.
The session starts at 9:00 A.M. and concludes at 1:15 P.M.

A program for multi-healthcare providers:

SEPSIS 101: A Community Perspective
Suspect Sepsis and Intervene Early

March 1, 2016 at Bishop Gadsden in Charleston
Session starts at 1:30 p.m. and concludes at 4:30 p.m.

Sepsis is one of the most under recognized and misunderstood conditions by healthcare providers and the public. Early recognition and treatment are keys to successful resident outcomes. Join your nursing home, hospital, and community colleagues on March 1 for this special learning session:

- Describe early warning signs and symptoms of sepsis in the older adult.
- Identify early interventions and methods of treating clinical conditions to prevent sepsis.
- Define provider roles for intervening to prevent and treat sepsis.
- Outline steps in a nurse-driven sepsis protocol specific to long-term care.

This free program provides a luncheon and CEUs for nurses and administrators.

PLEASE REGISTER HERE

<https://www.eventbrite.com/e/sepsis-101-a-community-perspective-tickets-21203707861>

Already attending Learning Session III in Charleston? Register now and add lunch and the afternoon Sepsis Program to your calendar!

ACE Updates

Dementia Beyond Drugs: The Eden Alternative Experience Provides a Best Practice Approach to Care for Residents with Dementia

Forty-four South Carolina nursing homes, DHEC, LeadingAge SC, and CCME attended the free seminar on changing the way we look at and care for our residents with dementia. Dr. Al Power, international dementia expert, and his team presented a person-centered approach to dementia care that goes beyond a specific behavior to find the underlying human needs that provide each of us with our own personal well-being. Through lecture and team exercises, the group explored the primary goal of creating well-being through seven domains:

- **IDENTITY**—being well-known; having personhood; individuality; having a history
- **GROWTH**—development; enrichment; expanding; evolving
- **AUTONOMY**—liberty; self-determination; choice; freedom
- **SECURITY**—freedom from doubt, anxiety, or fear; safety; privacy; dignity; respect
- **CONNECTEDNESS**—belonging; engaged; involved; connected to time, place, and nature

- MEANING—significance; heart; hope; value; purpose; sacredness
- JOY—happiness; pleasure; delight; contentment; enjoyment

By looking at individual behaviors from this perspective and designing interventions to support these domains, behaviors can improve along with the quality of the resident's life. It requires knowledge of the resident as a person and not just a medical diagnosis. Rather, this approach builds on an understanding of who the person is and his or her identity (e.g., occupation and work hours, family role, spirituality, hobbies, travel, interests, values). Truly knowing and accepting the resident for whom they are can explain behaviors and determine interventions that are meaningful to both the resident and the staff.

It was an unforgettable experience and the audience left enthusiastic and positive about using the principles in their own facilities. Hopefully, this insightful, no-cost approach will become the high-value standard for person-centered dementia care in our nursing homes. Many thanks to the LeadingAge SC team for bringing this program to South Carolina.

If you missed this opportunity, check out the Eden Alternative website at <http://www.edenalt.org/> for materials and educational tools specific to your needs.

Dr. Power's books are a valuable and useful introduction to this approach and can be found online through book providers.

<http://www.edenalt.org/about-the-eden-alternative/>

<http://changingaging.org/alpower>

"Well-Being is a much larger idea than either quality of life or customer satisfaction. It is based on a holistic understanding of human needs and capacities. Well-being is elusive, highly subjective, and the most valuable of all human possessions."

~ Dr. Bill Thomas... What are Old People For?

Resources and Tools for Dementia Care

For more easy-to-use dementia resources and tools visit the ACE website at <http://atlanticquality.org/initiatives/nursing-home-quality/nursing-home-quality-sc/>.

Vanderbilt University has recently developed an exciting, free webinar series on comprehensive dementia that can be easily accessed and used for education in your facility. This series of six training programs includes handouts, slides, and case

studies. You may access the series here:

<http://www.mc.vanderbilt.edu/root/vumc.php?site=antipsychoticreduction&doc=47504>

A new antipsychotic reduction tool sheet is now available on the ACE website. This tool provides guidance not only for the reduction process, but also for prioritizing eligible residents. You may access the tool here:

http://atlanticquality.org/download/AP_Red_Res_Prioritization_Tool_2.pdf

The Eden Alternative team emphasized the use of the "Hand In Hand" program which provides excellent training and a foundation for a resident-centered approach. The CMS "Hand-in-Hand" Toolkit is available here: <http://cms-handinhandtoolkit.info/>

The CCME flowsheet, How To Use the CMS Hand in Hand Toolkit, makes using the CMS toolkit much more manageable. It can be found on the ACE website here:

http://atlanticquality.org/download/clin_top_dement_how_use_cms_handinhand.pdf

CDI Update

While CMS has not officially rolled out the new initiative to reduce C. difficile infections (CDI), our CCME team has been attending training sessions to learn how to enter data into the Centers for Disease Control and Prevention's (CDC) NHSN database. This training will help us to assist your staff participate in this new program. We are in the process of having conversations with ACE-enrolled nursing homes, and hope to identify homes that are interested in the NHSN data entry program. If your facility is interested in participating, you can also contact us at scace@thecarolinascenter.org. As soon as CMS releases the CDI outline, we will share it with all of our ACE homes.

Here are some quick facts on CDI:

<http://www.cdc.gov/VitalSigns/Hai/StoppingCdifficile/>

Best Practices

DON Advisory Group and QI

DONs from around the state are meeting this month to look more closely at how to improve their use of CASPER and other MDS reports. These documents provide a snapshot of residents expressed in terms of the quality measures. Understanding how to navigate the report readily provides targets and tracking for quality improvement. Pamela Duncan, Compliance Officer at Agape Senior, will be presenting.

Regulars at the DON Advisory meetings, Sharon Bixler who is the President of the SC Chapter of NADONA, Pamela Hollenbach, and Annie Easterling provide updates on NADONA activities for the group.

DONs: Are you a NADONA member? Check out the website at <http://www.nadona.org/benefits-of-membership-join-nadona-today> and see the depth of support and recognition that this organization provides to LTC nurse leaders across the nation.

***** QAPI Self-Assessment Reminder *****

If you haven't entered or updated your assessment, please go here now to enter your data: <https://isweb.ipro.org/qapi/sc/>

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