Skin Care Plan Form

Prevent pressure ulcer development/maximize healing of existing pressure ulcer(s)

	Potential Problem Area	Intervention	Outcome/Follow up
DATE:	SENSORY PERCEPTION (Ability to respond to pressure related discomfort)	Reposition Plan Provide/Encourage relieve/re- distribution of pressure	SKIN INTACT PRESSURE ULCER(S):
	Completely Limited	Use transfer aid	NEW
	Very Limited	Avoid positioning on bony prominence or medical device(s)	EXISTING IMPROVED
TYPE:	Slightly Limited	Offload heels/contracted joints	HEALING
(A) ADMISSION	No Impairment	Maintain head of bed at or below 30 degrees (adjust for meals	SLOW TO HEAL
(Q) QUARTERLY		and/or as contraindicated)	CARE PLAN REVISION :
(C) CHANGE IN CONDITION		As applicable, maintain/encourage/educate position change	
	MOISTURE (degree skin is exposed to moisture)	Manage Moisture Maintain dryness	
	Constantly Moist	Use barrier product	
	Very Moist	Use absorbent pad/brief	
	Occasionally Moist	Toileting cues	
	Rarely Moist	As applicable, initiate Bowel/Bladder re-training	
		Check skin at time of routine care, communicate change in skin condition to nurse manager	

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Potential Proble	m Area Intervention	Outcome/Follow up
ACTIVITY (degree of physical activity) Bedfast Chair fast Walks Occasionally Walks Frequently	Relieve Pressure Maintain/increase current activi level Maintain/encourage/educate position change Use pressure reducing support surface Bed Chair	
MOBILITY (ability to charposition) Completely Immobile Very Limited Slightly Limited No Limitation	Use transfer aid/supportive dev to support position change Avoid positioning on bony prominence or medical device Maintain head of bed at or belo 30 degrees (adjust for meals and/or as contraindicated) Offload heels/contracted joints Maintain/encourage/educate position change	

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Potential Problem Area	Intervention	Outcome/Follow up
NUTRITION (usual food intake)	Monitor Hydration	
Very Poor	Provide nutritional Support	
Probably Inadequate	As applicable, offer supplementation to meet residents needs	
Adequate		
Excellent		
IV		
Tube Feed /TPN		
FRICTION & SHEAR	Use transfer aid/supportive/positioning device	
Problem		
Potential Problem No		
Apparent problem		

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