

Early Signs and Symptoms of Sepsis

**Has your healthcare provider diagnosed you with an INFECTION?
You could be at risk for SEPSIS. Know the signs!**

What is Sepsis?



Sepsis is your body's life-threatening response to an INFECTION anywhere in your body. Anyone can get sepsis!

Signs and Symptoms of Sepsis

Watch for a combination of **INFECTION** + fever or feeling chilled, confusion/sleepiness, fast heart rate, fast breathing or shortness of breath, extreme pain and pale/discolored skin.



SEPSIS IS A MEDICAL EMERGENCY

GREEN Zone: ALL CLEAR - *Feeling well*

- No fever or feeling chilled
- No fast heart rate
- No increase in pain
- No confusion or sleepiness
- Easy breathing

RED Zone: *Call your doctor or nurse immediately if you experience INFECTION and...*

- Fever or feeling chilled
- Confusion/sleepiness (recognized by others)
- Fast heart rate
- Fast breathing or shortness of breath
- Extreme pain
- Pale or discolored skin

..... ***If you are unable to reach your doctor or nurse,***
CALL 911 OR HAVE SOMEONE TAKE YOU TO THE EMERGENCY DEPARTMENT.

Key Contacts:
